Discover the Astonishing Health Breakthrough from Scandinavia

Learn how to protect yourself
Science and technology are developing at the fastest rates in human history

We know more about nutrition and wellness than ever before. So why are our health challenges increasing?
Our results show that 95% are in danger

- Imbalance of omega-6 and omega-3
- Low levels of omega-3
- Inadequate polyphenols in our diet
- Low levels of vitamin D3

WE EAT MORE OMEGA-6

WE EAT A LOT LESS OMEGA-3
ARE YOU IN THE DANGER ZONE?
LEARN HOW TO PROTECT YOURSELF BY GETTING IN BALANCE

RATIO 3:1
WHERE YOU WANT TO BE
Science recommends you have a 3:1 ratio between essential fatty acids omega-6 and omega-3.

RATIO 7:1
DON’T FOOL YOURSELF...
Shockingly, even people who take an omega-3 supplement have an average ratio of 7:1.

RATIO 15:1
WHERE YOU PROBABLY ARE
People who don’t take an omega-3 supplement are out of balance with 15:1 ratio.

References
- Nordic Council of Ministers, Nordic Nutritional Recommendations 2004/2012 - 5:1 or lower.
- The World Health Organization (WHO) - 4:1 or lower.
Tests don’t lie!

This simple, easy test measures your level of omega-3, and the critical ratio between your omega-6 and omega-3 fatty acid intake.

May 2018 we had conducted over 250,000 tests

BEFORE TESTS

5%  Only 5% have a ratio of 3:1 in Europe.

20%  Those who do take an omega-3 supplement have an average balance of 7:1.

75%  75% do not take an omega-3 supplement and have an average ratio 15:1.

AFTER TESTS

95%  95% of those taking Zinzino Balance products have a ratio of near 3:1 after 120 days.

Conducted by the independent laboratory VITAS.

Take the test and we’ll send you back a report on your blood work. If you’re in the five percent of people already at health levels of omega-3 and polyphenols, we’ll refund your money back. Really.
Our unique combination

**OMEGA 3 + POLYPHENOLS = RESULTS**

**WILD FISH OIL AND ALGAE**
BalanceOil contains the highest quality fish oil that is derived from small pelagic fish, such as sardines, anchovies and mackerel.

BalanceOil Vegan comes from the marine microalgae Schizochytrium sp. that is rich in the omega-3 fatty acids EPA and DHA.

**POLYPHENOLS FROM OLIVES**
BalanceOil contains a special cold-pressed, extra-virgin pre-harvest oil from Spanish, GMO free, picual olives. It is rich in omega-9, but is specially selected for its very high content of polyphenols.

Proud member of Friends of the Sea
Health Benefits

- DHA helps to maintain a normal brain function.*
- EPA and DHA contribute to normal heart function.**
- Vitamin D contributes to the maintenance of a normal immune function.

These 18 health claims are approved by EFSA*

* European Food Safety Authority.

- DHA (>250 mg) contributes to the maintenance of normal vision.
- DHA (>250 mg) contributes to the maintenance of normal teeth.
- Vitamin D contributes to the maintenance of a normal muscle function.
- Vitamin D contributes to the maintenance of a normal bone structure.
- Olive oil (>20 g) polyphenols contribute to the protection of blood lipids from oxidative stress.
- DHA and EPA (>3 g) contribute to the maintenance of normal blood pressure.
- Vitamin D has a role in the process of cell division.
- DHA and EPA contribute to the maintenance of normal blood triglyceride levels.
- Replacing saturated fats with unsaturated fats, like Oleic acid, in the diet has been shown to lower/reduce blood cholesterol.
- Vitamin E helps to protect cells against oxidative stress.
- Vitamin D contributes to normal absorption/utilisation of calcium and phosphorus.
- Vitamin D contributes to normal blood calcium levels.
- DHA (>450 mg) maternal intake contributes to the normal brain development of the fetus and breastfed infants.
- DHA (>100 mg) intake contributes to the normal visual development of infants up to 12 months of age.
- DHA (>450 mg) maternal intake contributes to the normal development of the eye of the fetus and breastfed infants.

It is important to have a varied and balanced diet and a healthy lifestyle. There could be multiple risk factors for any health problem and altering one of these risk factors may or may not have a beneficial effect.

* The beneficial effect is obtained with a daily intake of 250 mg of DHA.
** The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.

It is important to have a varied and balanced diet and a healthy lifestyle.
“As a professional dancer…”

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“I have always had a strong focus on eating healthy. After achieving balance I can keep my concentration longer and my muscle recovery after working out is going a lot faster”

Daniel, 40 years old

“I was just a bit embarrassed”

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“Now I know that BalanceOil really works, and that gives me a peace of mind and something to be proud of!”

Karla, 50 years old

“My test results came as an enormous surprise to me!”

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“I had such bad results and it really surprised me. After using the oil for 120 days I took my second test and my balance was now 2,5:1.”

Henrik, 57 years old

“As a health coach I thought I was eating healthy…”

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“…but my first test was very disappointing. After achieving balance, I notice a big difference not only on my hair and skin but in my energy, my muscle recovery, my joints, and so much more.”

Julietta, 55 years old

“I have been suffering all my life from very dry skin, but after getting in balance my skin feels smooth and hydrated!

In addition my immune system, joint and muscle function is better, and I restitute a lot faster after exercise!”

Vinzent, 43 years old
Start using Zinzino products to nourish your body.

Review your test results after 14 days at zinzinotest.com

Four months later, re-test and see your new number!

What’s your number?

1. Take the test
2. Start using Zinzino products to nourish your body.
3. Review your test results after 14 days at zinzinotest.com
4. Four months later, re-test and see your new number!

MONEY-BACK GUARANTEE: Applies if you have an omega-6:3 balance of 3:1 or better on your first Balance Test. This offer is only valid if a monthly subscription was chosen.
Choose the flavor you prefer

BalanceOil
BalanceOil comes in three flavors
- BalanceOil Lemon
- BalanceOil Vanilla
- BalanceOil Orange/Lemon/Mint

BalanceOil AquaX
- BalanceOil AquaX (mixes in liquid)

BalanceOil Capsules
Our BalanceOil formula is also available in capsules
- BalanceOil Capsules

BalanceOil Vegan
- BalanceOil Vegan

Dosage: 0.15 ml
Balance Oil per kilo body weight.

Dosage: 0.1 ml
Balance Oil Vegan per kilo body weight.
Why pay?
Get your Zinzino products for FREE!

Vibrant health is meant to be shared with the people you love and care about! As a satisfied Zinzino customer, you have the opportunity receive your products for free. Just pay the shipping costs.

It’s simple and easy:

1. Be on auto order for your favorite Zinzino products.
2. Refer four friends who also purchase Zinzino wellness products.
3. Produce a volume of at least four times your own order.
4. Simply pay shipping and your own products are FREE!

SUBSCRIPTION BENEFITS
✓ Save money on your monthly order
✓ Access to our Premier pricing
✓ Receive a money-back-guarantee
✓ Opportunity to qualify for Zinzino4Free
✓ Significant discount on all Zinzino products
Explore our other products to help you become healthier, have more energy, and look younger!

**BOOST YOUR IMMUNE SYSTEM**

**Xtend**
- Enjoy more energy*
- Improve your bone and joint function**
- Boost your immune system***

**Viva**
- SLEEP - Contributes to relief of mental tiredness and fatigue, promoting good sleep*
- RELAX - Helps to relieve ordinary stress*
- HAPPY - Helps promote a positive mood*

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* Biotin contributes to normal energy-yielding metabolism.
** Vitamin C contributes to normal collagen formation for the normal function of bones.
*** Vitamin D contributes to the normal function of the immune system.

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* Folate contributes to the reduction of tiredness and fatigue.
* Pantothenic acid contributes to normal mental performance.
* Niacin contributes to normal psychological function.
* Iodine contributes to normal cognitive function.

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LeanShake
✓ Lose weight
✓ Build muscle
✓ Balance your gut

Choose from the following flavours for your LeanShake:
- strawberry
- berry
- vanilla
- chocolate

ZinoBiotic
✓ Dietary Fibre Blend
✓ Gut Health
✓ Balanced Cholesterol*

*Beta-glucans contribute to the maintenance of normal blood cholesterol levels. The beneficial effect is obtained with a daily intake of 3 g of beta-glucans from oats.

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Skin Serum

- Hydrates and smooths the skin
- Improves skin elasticity and strength
- Reduces fine lines and the appearance of wrinkles

ENJOY RADIANTLY BEAUTIFUL SKIN
Essential Omega Super-Formula

Zinzino's unique, synergistic blend of essential high-grade fish oil, rich in the omega-3 fatty acids EPA and DHA, also contains specially selected extra virgin olive oil with a high content of polyphenols. This is the ultimate essential omega super-formula!

BalanceOil provides you with the necessary levels of omega-3 to achieve optimum wellness. It also provides you with the all-important polyphenols and safely adjust and sustains levels of EPA and DHA in your body and the ratio between omega-6 and omega-3.

In addition, BalanceOil also provides you with Vitamin D3, which has multiple roles in your body, helping to maintain the health of your bones and teeth. It also supports the immune system, brain, and nervous system.

BalanceOil is the ultimate essential omega super-food! It supports optimal brain function (>250 mg EPA & DHA) and normal heart function, and boosts the immune system (Vitamin D3).
Ensuring Your Products ARE THE FINEST

ZINZINO’S SCIENTIFIC ADVISORY BOARD

You and your family deserve only the finest ingredients, blended to create the most effective results, and based on the most relevant science available. Zinzino provides all of that for you, with the help of our esteemed Scientific Advisory Board. These individuals are some of the brightest minds in the wellness and nutrition space, advising the company how to produce the finest products for you.

DR. ANGELA M. RIZZO

Dr. Rizzo is an expert in the biochemistry of lipids. She is a Professor of Biochemistry at the University of Milan. Her numerous publications include Journal of the American College of Nutrition and Nutrition Journal.

DR. RITA NILSEN MCSTAY

Dr. McStay Rita has a master’s degree in Clinical Nutrition from New York University and a Ph.D. in Food Science from the Norwegian University of Life Sciences. She currently is the Research & Development manager at Zinzino.

DR. PAUL CLAYTON

Dr. Clayton is a pioneer in the study of the pharmacological effects of foods and botanical ingredients – and how they affect your health and physical performance. He received his Ph.D. in neuropharmacology from the University of Edinburgh. He is a former chair of the Forum on Food & Health at the Royal Society of medicine, and is currently a Fellow of the Institute of Food, Brain & Behavior at Oxford University.

MR. OLA EIDE

Mr. Eide has founded several companies including industry leader BioActive Foods AS. He had a number of leadership positions, such as Chairman of the Board for the Norwegian and the Nordic food research program under the direction of The Norwegian Research Council and The Nordic Industry Fund (presently Nordic Innovation Centre) respectively. His many years of entrepreneurial and international board experience includes serving as the Director of Innovation at Mills DA and R&D Director at Tine Norwegian Dairies.

DR. ANGELA M. RIZZO

Dr. Rizzo is an expert in the biochemistry of lipids. She is a Professor of Biochemistry at the University of Milan. Her numerous publications include Journal of the American College of Nutrition and Nutrition Journal.
At Zinzino, we’re focused on extraordinary customer service. We’ll do everything we can to make sure you get the right selection of health and wellness products, when you want them and where you want them.

We offer a subscription service, which provides you the lowest price and makes sure the products you need and love are automatically replenished before you run out.

And because we own our own factory, you can be assured that you only receive the highest qualities wellness products for you and your loved ones.
INSIDE...

• The test that shows you your omega 6:3 balance
• Sculpt your ideal physique
• How to get wellness products for free

Got a doubt? Gimme a shout!
Your personal Zinzino partner:

ZINZINO.COM